

Whom may we thank for referring you to this office → \_\_\_\_\_

## PRENATAL CHIROPRACTIC CARE

Today's Date: \_\_\_\_\_

### Personal Information

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Marital Status:  Single  Married  Other \_\_\_\_\_ Do you have Insurance:  Yes  No

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: \_\_\_\_\_ Pronoun(s): he/him she/her they/them other: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse's Name \_\_\_\_\_ Number of Children and Ages: \_\_\_\_\_

Name/Number of Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Health History

Please identify the condition(s) that brought you to this office: Primary: \_\_\_\_\_

Secondary: \_\_\_\_\_ Tertiary: \_\_\_\_\_

Other forms of treatment you have tried: \_\_\_\_\_

Have you ever seen a Chiropractor before? Yes No Clinic/Doctor seen: \_\_\_\_\_

Please indicate with a **P** for in the **Past**, **C** for **Currently** have and **N** for **Never have had** on conditions below:

\_\_\_ Broken Bone \_\_\_ Dislocations \_\_\_ Tumors \_\_\_ Rheumatoid Arthritis \_\_\_ Osteoporosis \_\_\_ Cancer  
\_\_\_ Heart Attack \_\_\_ Osteoarthritis \_\_\_ Diabetes \_\_\_ Cerebral Vascular \_\_\_ Motor Vehicle Accident \_\_\_ Disability

Please explain anything above: \_\_\_\_\_

#### **Have you ever experienced (please check all that apply)?**

- |                     |                            |                          |                               |
|---------------------|----------------------------|--------------------------|-------------------------------|
| ___ Headaches       | ___ Frequent Sickness      | ___ Dizziness            | ___ Fertility Concerns        |
| ___ Migraines       | ___ Sinus/Allergies        | ___ Fainting             | ___ Endometriosis             |
| ___ Neck Pain       | ___ Convulsions/Epilepsy   | ___ Blurred Vision       | ___ Menstrual Problems        |
| ___ Jaw Pain, TMJ   | ___ Tremors                | ___ Ringing in Ears      | ___ PMS                       |
| ___ Shoulder Pain   | ___ Chest Pain             | ___ Hearing Loss         | ___ PCOS                      |
| ___ Upper Back Pain | ___ Swollen/Painful Joints | ___ Depression           | ___ Menopausal Issues         |
| ___ Mid Back Pain   | ___ Skin Problems          | ___ Anxiety              | ___ Stalled / Long Labor      |
| ___ Low Back Pain   | ___ Trouble Gaining Weight | ___ Irritability         | ___ Quick Labor               |
| ___ Hip Pain        | ___ Trouble Losing Weight  | ___ Mood Changes         | ___ Impotence/Sexual Dysfunc. |
| ___ Knee Pain       | ___ Eating Disorder        | ___ ADD/ADHD             | ___ Diarrhea/Constipation     |
| ___ Foot/Ankle Pain | ___ Difficulty Sleeping    | ___ Sensory Processing   | ___ Colon Trouble             |
| ___ Numbness        | ___ Asthma/Lung Problems   | ___ Learning Disability  | ___ Heart Problem             |
| ___ Tingling        | ___ Thyroid Condition      | ___ Auto-immune Disorder | ___ High / Low Blood Pressure |
| ___ Scoliosis       | ___ Liver Trouble          | ___ Kidney Trouble       | ___ Heart Burn                |

List Prescription & Non-Prescription drugs you take: \_\_\_\_\_

## Prenatal Information

Planned location of birth: Home Birthing Center \_\_\_\_\_ Hospital \_\_\_\_\_ Other: \_\_\_\_\_

Do you plan for any of the following during delivery:

Vaginal delivery  C-section delivery  Epidural  Induction  Natural/Medication Free

Illnesses during pregnancy? Yes No if yes, explain: \_\_\_\_\_

Medications/Vaccines during pregnancy? Yes No if yes, explain: \_\_\_\_\_

Any complications during pregnancy? Yes No if yes, explain: \_\_\_\_\_

Other birth providers names/location: \_\_\_\_\_

Do you have a birth plan? Yes No if yes, describe: \_\_\_\_\_

Do you have a doula? Yes No if yes, who: \_\_\_\_\_

Do you plan on skin to skin contact after delivery? Yes No

Have you considered delayed cord clamping after delivery? Yes No

New symptoms since becoming pregnant? Yes No if yes, explain: \_\_\_\_\_

Please explain past pregnancies you have had: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please explain any other pregnancy or labor/delivery concerns you would like to discuss: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Postnatal Planning Information

If you are taking maternity leave, how long do you plan on being off work: \_\_\_\_\_

Planned feeding:  Breastfeeding  Pumping/Bottle  Formula  Combination Feeding

Planned sleeping arrangements: \_\_\_\_\_

\_\_\_\_\_

Planned Pediatrician/Health Providers for child: \_\_\_\_\_

\_\_\_\_\_

Postnatal support plan: \_\_\_\_\_

\_\_\_\_\_

If you have other children, please explain you post-partum experience: \_\_\_\_\_

\_\_\_\_\_

Please describe any fears you have about post-partum: \_\_\_\_\_

\_\_\_\_\_

What does self-care look like for you: \_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

# Informed Consent

## REGARDING: Chiropractic Adjustments, Modalities, and Therapeutic Procedures:

I have been advised that chiropractic care, like all forms of health care, holds certain risks. While the risk are most often very minimal, in rare cases, complications such as sprain/strain injuries, irritation of a disc condition, and although rare, minor fractures, and possible stroke, which occurs at a rate between one instance per one million to one per two million, have been associated with chiropractic adjustments.

Treatment objectives as well as the risks associated with chiropractic adjustments and, all other procedures provided at Impact Chiropractic have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.


\_\_\_\_\_ / \_\_\_\_ / \_\_\_\_  *Witness Initials*  
**Patient or Authorized person's Signature** **Date**

*Please read carefully and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our receptionist for further explanation.*

The first day of my last menstrual cycle was on \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Date

I have been provided a full explanation of when I am most likely to become pregnant, and to the best of my knowledge, I am not pregnant.

OR  I am currently pregnant, \_\_\_\_\_ weeks along/due date: \_\_\_\_\_. Gender (if known):  boy  girl

\_\_\_\_\_ / \_\_\_\_ / \_\_\_\_  *Witness Initials*  
**Patient or Authorized Person's Signature** **Date**

# Impact Chiropractic NOTICE OF PRIVACY PRACTICE

This office is required to notify you in writing, that by law, we must maintain the privacy and confidentiality of your Personal Health Information. In addition we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which, by law, or as **dictated by our office policy**, we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. In addition, you will find we have placed several copies in report folders labeled 'HIPAA' on tables in the reception. Once you have read this notice, please sign the last page, and return only the signature page (page 2) to our front desk receptionist. Keep this page for your records.

### PERMITTED DISCLOSURES:

1. Treatment purposes- discussion with other health care providers involved in your care
2. Inadvertent disclosures- open treating area mean open discussion. If you need to speak privately to the doctor, please let our staff know so we can place you in a private consultation room.
3. For payment purposes - to obtain payment from your insurance company or any other collateral source.
4. For workers compensation purposes- to process a claim or aid in investigation
5. Emergency- in the event of a medical emergency we may notify a family member
6. For Public health and safety - in order to prevent or lessen a serious or eminent threat to the health or safety of a person or general public.
7. To Government agencies or Law enforcement – to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons –discussion with coroners and medical examiners in the event of a patient's death.
10. Telephone calls or emails and appointment reminders **-we may call your home and leave messages** regarding a missed appointment or apprise you of changes in practice hours or upcoming events.
11. Change of ownership- in the event this practice is sold, the new owners would have access to your PHI.

### YOUR RIGHTS:

1. To receive an accounting of disclosures
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice
3. To request mailings to an address different than residence
4. To request Restrictions on certain uses and disclosures and with whom we release information to, although we are not required to comply. If, however, we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance
6. To request amendments to information. However, like restrictions, we are not required to agree to them.
7. To obtain **one copy** of your records at no charge, when timely notice is provided (72 hours). **X-rays** are original records and you are therefore not entitled to them. If you would like us to outsource them to an imaging center, to have copies made, we will be happy to accommodate you. However, you will be responsible for this cost.

### COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information, please call Martin Rigney at (970) 690-9899. If he is unavailable, you may make an appointment with our receptionist to see him within 72 hours or 3 working days. If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to: DHHS, Office of Civil Right200 Independence Ave. SW, Room 509F HHH Building, Washington DC 20201

*I have received a copy of Impact Chiropractic's Patient Privacy Notice. I understand my rights as well as the practices duty to protect my health information, and have conveyed my understanding of these rights and duties to the doctor. I further understand that this office reserves the right to amend this 'Notice of Privacy Practice' at any time in the future and will make the new provisions effective for all information that it maintains past and present.*

*I am aware that a more comprehensive version of this "Notice" is available to me and several copies kept in the reception area. At this time, I do not have any questions regarding my rights or any of the information I have received.*

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
DOB

\_\_\_\_\_  
HR#

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

## FINANCIAL & APPOINTMENT POLICIES

As outlined in our mission statement, we are committed to providing the very best care for you and/or your family. Part of the process of providing this care involves a financial relationship between you, and us, the Chiropractic provider. In an effort to make your visit with us as comfortable as possible, we have provided for you, prior to your first visit, a description of our financial policy. Please take the time to review our financial policy below and gain an understanding of your financial obligation for your Chiropractic care. If you should have any questions, please ask the front office team member.

As a condition of providing care for you by this office, all fees must be paid at the time the care is provided. Payment for our services may be in the form of cash, check, MasterCard, Visa or Discover. We also accept CareCredit (a medical/dental credit card).

For our patients with insurance, we will be happy to check your benefits for you if we have received all of your insurance information on the day of the appointment. On your first visit to our office, please bring your insurance card or other insurance information. You must be familiar with your insurance benefits, as any amount not covered by your insurance company is payable at the time services are rendered and these fees may include deductibles, co-payments or certain procedures not covered by your insurance policy. As your insurance plan is a contract between you, your employer, and the insurance company, some carriers will not reimburse our office. In this instance, you will be responsible for the full cost of each visit at the time services are provided and your insurance company will send you the reimbursement check directly. We are happy to provide a super bill for you to submit to our insurance for reimbursement.

**Please understand that we do not have a contract with your insurance company, only you do. We are not responsible for how your insurance company handles its claims or for what benefits they pay on a claim. We can only assist you in estimating your portion of the cost of treatment. We at no time guarantee what your insurance will or will not do with each claim. Your employer chooses your particular policy and if you are unhappy with its coverage, you should speak with your Human Resources Department. Only your employer can adjust benefits.**

You are responsible for any balance on your account after 30 days, whether insurance has paid or not. Any account balance exceeding (90) days in age may be forwarded to a collection agency and/or attorney. All costs incurred in collecting unpaid fees will be charged to your account. These fees often exceed 50% of the unpaid balance.

You are responsible for payment for your care.

In the case extra adjustments are needed outside of your recommended frequency, you will be assessed an adjustment fee the day the service is rendered. Please be prepared to pay this fee on the day of service.

The doctors' treatment recommendations are based upon what they believe is in your best interest rather than on what your insurance covers.

A \$35.00 fee will be assessed for any "returned check."

*No call/No shows will be subjected to a \$25 fee.*

Please note: For those insurance carriers that Impact Chiropractic does not participate with, the claim check may be mailed directly to you. In these cases, you agree to and are responsible for signing and forwarding the check to our office.

I have read the above financial policy and understand my financial options and obligations as described.

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Signature of Parent/Responsible Party

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Date

# OFFICE POLICIES

\_\_\_\_ (initial) **Appointment Scheduling:** We ask that you **pre-schedule** your future appointments. To keep your progress on schedule, rescheduled appointments must be made up **within 24 hours**. Pre-scheduling your appointments in advance will help ensure that you get the appointment time you need. You **MUST** have an appointment scheduled before seeing the doctors. **No Call No Show appointments will be charged a \$25 fee. Please call at least 1 hour before your scheduled appointment to avoid this charge.**

\_\_\_\_ (initial) **Children/Family Wellness:** We offer family corrective care and wellness plans at a discounted rate. If your family members have not had their spines checked, please schedule their appointments ASAP.

\_\_\_\_ (initial) **Pet Policy:** We love your furry children, but out of advisement from our attorney and insurance agent – we sadly ask that you leave them at home. *If they do come in for a visit, your signature on this form states that **you take full responsibility** for any accident, incident, damage, loss, or bite that may occur on Impact Chiropractic's premise.* Service animals are allowed.

\_\_\_\_ (initial) **Solicitation:** We realize that there are several good products on the market; however, solicitation of goods or services to our patients or staff is unacceptable. We desire to create a comfortable, healing, and non-pressure environment in our office.

\_\_\_\_ (initial) **Guarantees:** We do not guarantee that we can prevent or cure any illness, injury, or disease. In this office we find and remove spinal subluxation, so that your nervous system will function optimally and so that your spine does not degenerate prematurely.

\_\_\_\_ (initial) **Photography Release:** We frequently take photos/videos for our social media accounts. By initialing here, you authorize Impact Chiropractic, LLC and those acting under its permission to copyright, use and publish the video/photo/audio taken in our office. You agree that Impact Chiropractic has the unrestricted right to use this video/photo/audio in whole or in part, commercially or non-commercially, for all online/internet purposes, including the rights to publish and display for advertising and publicity, and to edit and make derivative works, all without additional review or compensation. You are of legal and have read this Authorization and Release, prior to its execution, and are fully familiar with its contents.

In the event that video/photo participant is a minor, his/her parent has read, understood, completed, and signed this Authorization and Release for his/her minor child. *We will always ask your permission before taking any photos/videos.*

\_\_\_\_ I DO NOT wish to have photos/videos taken at any time.

\_\_\_\_ (initial) **Guest Speaker:** Our doctors are also available to come to your work or social gathering to educate employees/friends on several different health topics – managing stress, health essentials, nutrition, pediatrics, to name a few! *We will provide a FREE, healthy lunch to everyone attending!* There is no fee for this service; however, there is a minimum of 5 people required to attend. Please 'check' if interested:

Contact for setting up an event (Name): \_\_\_\_\_ Phone: \_\_\_\_\_

I have read and understand the above policies and agree to abide by them.

PATIENT NAME(S) \_\_\_\_\_

PATIENT SIGNATURE(S) \_\_\_\_\_ DATE: \_\_\_\_\_